

Message from the book “Conversations with God”

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Lecture 2

Thank you for coming back. Thank you for wanting to see me again. In our last conversation, we talked about the tool which I use to communicate with you. I use feelings, thoughts, experiences, and words. I also showed you how to recognize my message versus data from other sources. My message is always your highest thought, your clearest words, and your grandest feelings.

Let's do a quick example together; let's say you are in love with somebody. All of the sudden the sky is bluer and you can see music in the air. In your mind, you knew that the other person loves you so much, and you to the other person as well. This is the grandest feeling from me to you; the feeling of love.

Next you find out that the other person has secretly been with somebody else. What would go through your mind? The grandest feeling I gave you, was that an illusion? Was I giving you that feeling so you can get hurt later? What is going on?

In this situation, the cause of your suffering is not the grandest feeling of love, but your mind telling your heart to stop feeling this way. Your mind doesn't want to feel this way because it feels betrayed. You might try to talk to yourself, or to somebody. But you are so confused that nothing you say makes much sense.

I ask you this question. Is your mind giving you the highest thought? The thought that contains joy? If the thoughts don't contain joy, it is not from me. If it is not from me, why are you not listening to me? You are using thoughts not from me to negate a feeling that is from me directly. This will cause you to suffer because you are denying the truth. The truth is that you still love the other person, you simply don't want to.

Like I have said before, every experience has my message in there. In this case, I am telling you not to let anger and hatred deny love. When you do that, you are doing nothing but hurting yourself. I am also telling you to let things be, and let things go. You

cannot control other's free will, but you can control yours. If you choose to be sad and angry, nobody can stop you. If you choose to be happy regardless, you will gain the ultimate control over your own happiness instead of letting situations effect you. There is joy in any situation. I tell you now, that you are ultimately what joy and love is made out of. You cannot get away from it. You can deny yourself of who you are, not forever.

Hopefully this exercise could help you understand the concept of the four tools better. At this point, some of you might wonder. If I am god and all powerful, why would I go through the trouble of communicating? Why can't I just make you understand?

This is a very good question. The simple reason is because I don't choose to. Of course, this really doesn't make sense. If there is an easier way, why don't I just do it that way? This is because I have given you a free will. I cannot make you understand unless you want to understand. I cannot make you listen if you don't want to listen. If you say you want to listen but you don't look for me. I can't make you come. If you listen but refuse to follow, I cannot make you follow. If I make you do any of these, I will interfere with free will. As soon as you lose your free will, you will cease exist. What good would that do for me? My goal is to make you grow, not to dispose you.

So I can only wait here for you to come, for you to listen, for you to follow. And where is here? Here is in your heart and every where else you call here. Everywhere is here for you as long as you are there. So if you are here, I am here. Do you see why I am always with you? I am literally here.

The concept of free will explains why I allow so much suffering. If one person's action causes another to suffer I cannot interfere. Do you see that there is perfection in the process? All life arises out of choice. It is not appropriate to interfere with choice, nor to question it, It is particularly inappropriate to condemn it.

What is appropriate is to observe it, and then to do whatever might be done to assist the soul in seeking and making a higher choice. Be watchful, therefore, of the choices of others, but not judgmental. Know that their choice is perfect for them in this moment now-yet stand ready to assist them should the moment come when they seek a newer choice, a different choice-a higher choice.

Move into communion with the souls of others, and their purpose, their intention, will be clear to you. This is what Jesus did with those he healed – and with all those whose lives he touched. Jesus healed all those who came to him, or who sent others to him supplicating for them. He did not perform a random healing. To have done so would have been to violate a sacred Law of the Universe.

Allow each soul to walk its path.

When you see the perfection of this statement, you will see the nature of truth, joy and kindness. If you want to reach nirvana, and away from suffering this is one of the first concepts you need to understand.

It is because of this concept
I assist you, I do not control you
I watch you, I do not judge you.

If I don't even judge you, why would you judge yourself? Why would you judge others?

Judge not that ye be not judged.

What you use to judge others, you will use to judge yourself. If you stop judging everything to be good or bad, right or wrong, you will find yourself happier. You will find others more accepting of you.

Jesus once said
He that is without sin among you, let him cast the first stone

This is how I love you unconditionally. You cannot make me angry because I do not judge you. You will never lose my love because this is the only thing that even God cannot do.

I cannot
not love you.

And this shall be the way for eternity. I promise.